

Nappy Changing Procedure

Nappy changing for a child is a positive and happy experience. During the nappy changing time the key person changes their child's nappy where possible; this is to ensure continuity of care for the children, and allow for bonding between child and key person. The child's privacy is always respected throughout the nappy change but the door to the changing room is never closed.

Please remember that the child should never be left unattended whilst on the changing mat, even for the briefest of moments. If you have forgotten something you need to call another member of staff if possible, or take the child with you.

This procedure is always followed for each nappy change:

1. Wash and dry hands, put on apron and gloves
2. Make sure you have the appropriate nappy to hand
3. Check for wipes or cotton wool and water
4. Place child on the nappy mat
5. Clean the baby's bottom using wipes or cotton wool, wiping from front to back.
6. If baby's bottom is sore, put cream on (check creams first)
7. Put on a clean nappy
8. Take the child down from the changing mat and wash/wipe hands before returning to play
9. Remove apron and gloves and dispose of in the bin
10. Place nappy bag in sangenic unit
11. Spray changing mat with antibacterial spray and wipe down
12. Wash hands using sterilising soap
13. Put all the equipment away in proper place
14. Log details onto the nappy changing chart
15. Update child's daily record sheet

Please remain vigilant during nappy changes to look out for signs of unexplained marks, bruises and changes of behaviour.

Reviewed by Clare Hayes and Tracy Cox

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