

<u>Summer Menu - Week 1</u>

| | Monday | Tuesday | Wednesday | Thursday | Friday | | | |
|-----------|--|------------------------------------|--|--|--|--|--|--|
| Breakfast | A selection of cereals with milk, toast with a variety of different spreads and fresh fruit is on offer daily between 7am and 8.45am | | | | | | | |
| Snack | Fruit | Fruit | Fruit | Fruit | Fruit | | | |
| Lunch | Sweet and Sour Chicken with Noodles and Broccoli | Fish Pie with Green Beans | Jacket Potatoes with Chilli, cheese and peas | Toad in the Hole, New Potatoes and Cauliflower | Roasted Vegetable Risotto | | | |
| | Fromage Frais | Lemon Sponge | Fruit Jelly | Cherry Flapjacks | Ice Cream | | | |
| Snack | Fruit | Fruit | Fruit | Fruit | Fruit | | | |
| High Tea | Cheese and ham ploughman's with pickle, tomato, lettuce and cucumber. | Beans enchiladas with sweetcorn | Soft cheese and ham bagels Vegetable Sticks | Vegetable cheese pasta bake | Pork and apple burgers with a bun with salad | | | |

Baby Weaning Menus Stage I and 2

| 3-6 months | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|-------------------|---------------------|---------------|---------------------------|-----------------|
| Lunch | Broccoli Melon | Green beans Pear | Peas Apple | Cauliflower blackberry | Carrot Peach |
| High Tea | Sweet potato | carrot | potato | Butternut squash | Courgette |

| 6-9 months | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|-----------|-----------|-----------|-----------------------------|-----------|
| Lunch | Main menu | Main menu | Main menu | Main menu | Main menu |
| | | | | | Fruit Pot |
| High Tea | Main menu | Main menu | Main menu | Savoury Scones and Beans | Main menu |

^{*}water is available for the children throughout the day and a choice of milk or water is offered at mealtimes **alternatives are available for Religious dietary requirements and allergies. For more information please speak to a member of the team