



Summer Menu - Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals with milk, toast with a variety of different spreads and fresh fruit is on offer daily between 7am and 8.45am				
Snack	Fruit	Fruit	Fruit	Fruit	Fruit
Lunch	Chicken with veg cous cous Lemon whirl	Spaghetti bolognese with broccoli Semolina with jam	Cottage pie with peas Apple Sponge	Chicken thai curry with rice and carrots Bread and butter pudding	Vegetable lasagne with green beans Fromage frais
Snack	Fruit	Fruit	Fruit	Fruit	Fruit
High Tea	Tuna Pasta with salad	Jacket potatoes with beans and cheese	Sausage in a bun with vegetable sticks	Sandwiches with lettuce, tomato, carrot and cucumber	Rainbow vegetable pizza

Baby Weaning Menus Stage I and 2

3-6 months	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Sweet potato Apple	Broccoli Melon	Peas Apple	Carrots Peach	Green beans Pear
High Tea	cauliflower	courgette	Potato	Butternut Squash	Swede

6-9 months	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Chicken, vegetables and potato	Main menu	Cheesy Pasta	Chicken, rice and peas	Vegetable lasagne Fruit Pot
High Tea	Main Menu	Main Menu	Main Menu	Main Menu	Cheese pizza with spaghetti hoops

*water is available for the children throughout the day and a choice of milk or water is offered at mealtimes **alternatives are available for specific dietary requirements and allergies. For more information please speak to a member of the team