



Winter Menu - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals with milk, toast with a variety of different spreads and fresh fruit is on offer daily between 7am and 8.45am				
Snack	celery and carrot sticks	melon	rice cakes	fresh fruit	dried fruit
Lunch	sausage and bean casserole with mash potato fruit salad	chicken and vegetable pie, new potatoes in a garlic & herb sauce cup cakes	spaghetti bolognaise with vegetables stewed apple and custard	vegetable curry and rice jelly	fish goujons and wedges with peas fruit yoghurt
Snack	breadsticks and dip	sweet potato crisps	celery and pear slices	cheese and crackers	cheese straws
High Tea	scrambled egg on toast cookies	vegetable risotto carrot cake	Homemade pizza selection fresh fruit salad	jacket potato, cheese and beans chocolate shortbread	chunky vegetable soup with crusty bread orange sponge

*water is available for the children throughout the day and a choice of milk or water is offered at mealtimes

**alternatives are available for specific dietary requirements and allergies. For more information please speak to a member of the team



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