

Summer Menu - Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals with milk, toast with a variety of different spreads and fresh fruit is on offer daily between 7am and 8.45am				
Snack	Breadsticks or Crackers	Breadsticks or Crackers	Breadsticks or Crackers	Breadsticks or Crackers	Breadsticks or Crackers
Lunch	Oriental chicken stir fry Apple Drizzle Cake	Homemade fish goujons with sweet potato mash and sweetcorn Pineapple upside down cake	Ham and leek pie with potato wedges and peas Carrot Cake	Vegetable curry and rice Apple Crumble	Spaghetti bolognaise with seasonal vegetables Rice crispy cakes
Snack	Fruit	Rice cakes	Fruit	Fruit	Crackers
High Tea	Ploughman's with Crusty bread Yogurt	Sausage in a bun with fresh fruit	Beans on toast Jelly	Sandwich selection Sliced banana and ice cream	Homemade Pizza slices with Fruit

*water is available for the children throughout the day and a choice of milk or water is offered at mealtimes

**alternatives are available for specific dietary requirements and allergies. For more information please speak to a member of the team



lactofree

