



## Summer Menu - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	A selection of cereals with milk, toast with a variety of different spreads and fresh fruit is on offer daily between 7am and 8.45am				
<b>Snack</b>	Breadsticks or Crackers	Breadsticks or Crackers	Breadsticks or Crackers	Breadsticks or Crackers	Breadsticks or Crackers
<b>Lunch</b>	Macaroni cheese with vegetables  Mixed berry yogurt	Roast chicken with roast potatoes and vegetables with gravy  Fresh fruit salad	Fish Pie with peas and greens  Fruit jelly	Vegetable chilli with rice  Chocolate sponge cake	Beef meatballs in tomato sauce with potato wedges and vegetables  Bananas and custard
<b>Snack</b>	Fruit	Rice Cakes	Fruit	Rice Cakes	Fruit
<b>High Tea</b>	Savoury mince in jacket potato halves  Cinnamon cookies	Homemade pizza slices with vegetable sticks  Ice cream	Tomato pasta bake  Raisin muffins	Wholemeal wraps selection with cherry tomatoes and cucumber sticks and fruit	Chicken and sweetcorn soup with crusty bread  Shortbread fingers

Water is available for the children throughout the day and a choice of milk or water is offered at mealtimes.

Alternatives are available for specific dietary requirements and allergies. For more information please speak to a member of the team.



**lactofree**

