



## Winter Menu - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	A selection of cereals with milk, toast with a variety of different spreads and fresh fruit is on offer daily between 7am and 8.45am				
<b>Snack</b>	Crackers Dairylea	Fruit	Cheese straws	Fruit	Breadsticks
<b>Lunch</b>	Pasta bolognaise with broccoli  Apple crumble & custard	Sausage & mash with cauliflower  Rice pudding	Hunters chicken with new potatoes & carrots  Ginger sponge with vanilla sauce	Pasta carbonara with sweetcorn  Fromage frais	Fish fingers with wedges & peas  Carrot cake
<b>Snack</b>	Fruit	Raisin flapjack	Fruit	Shortbread whirls	Fruit
<b>High Tea</b>	Cheese & courgette scone with spaghetti hoops	Pitta pockets with various fillings and salad	Beans on tost	Cauliflower and broccoli bake	Ham & cheese toasties with salad

## Baby Weaning Menus Stage I and 2

3-6 months	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunch</b>	Broccoli Apple	Cauliflower Banana	Carrot Fruit pot	Swede Mango	Sweet Potato Pear
<b>High Tea</b>	Carrot Banana	Swede Peach	Parsnip Apple	Broccoli Fruit Pot	Cauliflower Banana

6-9 months	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunch</b>	Main menu	Main menu	Main menu	Main menu	Main menu
<b>High Tea</b>	Main menu	Main menu	Cheese pittas	Main menu	Cheese toasties

\*water is available for the children throughout the day and a choice of milk or water is offered at mealtimes \*\*alternatives are available for specific dietary requirements and allergies. For more information please speak to a member of the team