



Winter Menu - Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals with milk, toast with a variety of different spreads and fresh fruit is on offer daily between 7am and 8.45am				
Snack	Fruit	Chocolate cookie	Fruit	Breadsticks	Fruit
Lunch	Chicken curry with sweetcorn Apricot crumble with custard	Fish cakes with new potatoes & peas Milk jelly	Cottage pie with cabbage Marble cake	Roast chicken with roast potatoes & carrots Banana cake	Moussaka with green beans Melting Moment biscuits
Snack	Rice cakes	Fruit	Cheese straws	Fruit	Cracker & spread
High Tea	Vegetable pasta bake with tomato sauce	Cheese & chicken ploughmans with relish & salad	Sausage plait with spaghetti hoops	Macaroni cheese	Pizza with baked beans

Baby Weaning Menus Stage I and 2

3-6 months	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Green beans Apricot	Courgette Melon	Potato Apple	Carrot Banana	Sweet potato Pear
High Tea	Broccoli Apple	Carrot Banana	Sweet Potato Peach	Cauliflower Mango	Peas Apricot

6-9 months	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Main menu	Main menu	Main menu	Roast chicken with mash potato & carrots	Main menu
High Tea	Main menu	Cheese sandwich	Main menu	Main menu	Beans with toast fingers

*water is available for the children throughout the day and a choice of milk or water is offered at mealtimes **alternatives are available for specific dietary requirements and allergies. For more information please speak to a member of the team