



Summer Menu - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals with milk, toast with a variety of different spreads and fresh fruit is on offer daily between 7am and 8.45am				
Snack	Rice Cakes	Homemade Cheese Straws	Vegetable sticks and Humorous	Wholemeal Biscuits	Breadsticks
Lunch	Ham and Leak Pasta Bake with Side Vegetables Yogurt	Beef Meatballs in a Tomato Sauce with Vegetable Rice Lemon Cake	Hunters Chicken With Boiled Potatoes and Vegetables Oat and Apricot Biscuits	Vegetable Lasagne with Garlic Bread Fruit and Jelly	Fisherman's Pie topped with Creamy Mash and Green Beans Chocolate Cookies
Snack	Fruit	Fruit	Fruit	Fruit	Fruit
High Tea	Pitta Pockets with Tuna Mayo Grated Cheese Chicken with Celery and Cherry Tomatoes Cookies	Turkey Ploughman's with Baguette and Homemade Chutney Jelly	Pork Sausage Platt with Spaghetti Hoops Vanilla Yogurt	Savoury Scones with Homemade Apple Coleslaw Flap jacks	Cheese and Tomato Pizza Scrolls with Vegetable Sticks Apple Slices

Baby Weaning Menus Stage I and 2

3-6 months	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Carrot Banana	Courgette Apple	Sweet Potato Plum	Butternut Squash Pear	Cabbage & Potato Apple
High Tea	Broccoli Pear	Cauliflower Peach	Leak & Potato Banana	Swede Mango	Carrot Fruit of the Forest

6-9 months	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	As Main Menu As Main Menu	As Main Menu Fruit Pot	As Main Menu Yogurt	As Main Menu Fruit Pot	As Main Menu Yogurt
High Tea	Fish and Vegetables	Beans with Toast Fingers	Cheesy Pasta	Savoury Mash Potato	Bolognaise Sauce with Rice

*water is available for the children throughout the day and a choice of milk or water is offered at mealtimes **alternatives are available for specific dietary requirements and allergies. For more information please speak to a member of the team