



Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals with milk, toast with a variety of different spreads and fresh fruit is on offer daily between 7am and 8.45am				
Snack	Fruit	Fruit	Fruit	Fruit	Fruit
Lunch	Sweet and Sour Chicken with Noodles and Broccoli Fromage Frais	Fish Pie with Green Beans Lemon Sponge	Jacket Potatoes with Chilli, cheese and peas Fruit Jelly	Toad in the Hole, New Potatoes and Cauliflower Cherry Flapjacks	Roasted Vegetable Risotto Ice Cream
Snack	Fruit	Fruit	Fruit	Fruit	Fruit
High Tea	Cheese and ham ploughman's with pickle, tomato, lettuce and cucumber.	Beans enchiladas with sweetcorn	Soft cheese and ham bagels Vegetable Sticks	Vegetable cheese pasta bake	Pork and apple burgers with a bun with salad

Baby Weaning Menus Stage I and 2

3-6 months	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Broccoli Melon	Green beans Pear	Peas Apple	Cauliflower blackberry	Carrot Peach
High Tea	Sweet potato	carrot	potato	Butternut squash	Courgette

6-9 months	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Main menu	Main menu	Main menu	Main menu	Main menu Fruit Pot
High Tea	Main menu	Main menu	Main menu	Savoury Scones and Beans	Main menu

*water is available for the children throughout the day and a choice of milk or water is offered at mealtimes **alternatives are available for Religious dietary requirements and allergies. For more information please speak to a member of the team