



Winter Menu - Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals with milk, toast and fresh fruit is on offer daily between 7am and 8.45am				
Snack	Fruit	Fruit	Fruit	Fruit	Fruit
Lunch	Mexican chicken, rice with peas Jam Whirl	Pasta Bolognese with broccoli Pear sponge and custard	Fish pie with green beans Apple strudel and custard	Moussaka with carrots Fruit Jelly	Sausage casserole Sautéed potatoes with carrots. Chocolate Brownie
Snack	Fruit	Fruit	Fruit	Fruit	Fruit
High Tea	Macaroni cheese	Leek and potato soup with soft rolls	Vegetable and bean enchiladas with sweetcorn	Jacket potatoes with Beans	Cheese and vegetable French bread pizza

Baby Weaning Menus Stage I and 2

3-6 months	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Sweet potato puree Peach puree	Broccoli puree Pear puree	Green bean puree Apple Puree	Cauliflower Puree Mango puree	Carrot puree Banana puree
High Tea	Carrot Puree	Butternut squash puree	Pea and potato puree	Parsnip Puree	Sweet potato Puree

6-9 months	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Mildly spiced chicken with rice and peas Fruit Pot	Pasta Bolognese with broccoli Pear sponge and custard	Fish pie with green beans. Apple strudel and custard	Moussaka with carrots Fruit Jelly	Sausage casserole, Sautee potatoes with carrots Chocolate brownie
High Tea	Macaroni Cheese	Leek and potato Soup with Soft Roll	Vegetable and bean hot pot with bread strips	Jacket potato and beans	Cheese and vegetable soft roll pizza.

*water is available for the children throughout the day and a choice of milk or water is offered at mealtimes **alternatives are available for specific dietary requirements and allergies. For more information please speak to a member of the team