



Spring Menu - Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals with milk, toast and fresh fruit is on offer daily between 7am and 8.45am				
Snack	Fruit	Fruit	Fruit	Fruit	Fruit
Lunch	Chicken and vegetable Pie, new potatoes with farmhouse mixed vegetables Bananas and custard	Beef lasagne with garlic bread and sweetcorn Fruit scones	Vegetable korma with rice and broccoli Gingerbread	Cottage pie and cabbage Peach sponge	Salmon fishcakes with sweet potato wedges and peas Fromage frais
Snack	Fruit	Fruit	Fruit	Fruit	Fruit
High Tea	Turkey pittas with a houmous dip, carrot and cucumber sticks	Soup of the day with wholemeal bread	Jacket potatoes and baked beans	Macaroni cheese	Variety of filled rolls with cherry tomatoes and cucumber

Baby Weaning Menus Stage 1 and 2

4-7 months Pureed #	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Carrot Banana	Pear	Broccoli Apple	Cabbage Peach	Sweet potato Melon
High Tea	Cauliflower	Butternut squash	Potato	Parsnip	Pea

7-12 months Semi-Pureed #	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Chicken & vegetable pie, new potatoes with farmhouse mixed vegetables Bananas and custard	Beef lasagne with sweetcorn Fruit scone	Mild & creamy vegetable korma, rice with Broccoli florets Gingerbread	Cottage pie with cabbage Peach sponge or puree	Salmon fishcakes, sweet potato wedges with peas Fromage frais
High Tea	Turkey strips, vegetable sticks with wholemeal pitta strips	Thick soup of the day with wholemeal bread	Jacket potato with baked beans	Macaroni cheese	Soft filled rolls Cooked carrot and cucumber sticks

*water is available for the children throughout the day and a choice of milk or water is offered at mealtimes**alternatives are available for specific dietary requirements and allergies. For more information please speak to a member of the team.

***Puddings have reduced sugar content where possible. If you prefer your child not to have one please let your room know.

Age range is for guidance depending on your child's stage of weaning. Food items in **bold** can be served as a finger food.