



Bell House Nursery
Quality Childcare

SPRING MENU WEEK 2

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Breakfast</u>	A selection of cereals with milk, toast, and fresh fruit				
<u>Snack</u>	Orange Slices	Apple slices	Breadsticks	Cheese and Crackers	Rice Cakes
<u>Lunch</u>	Creamy tomato and vegetable pasta bake with garlic bread Fresh Fruit	Chilli with rice and Peas Yogurt	Roast Chicken with Roast Potatoes and Farmhouse vegetables Melon Slices	Fish Pie with broccoli Chocolate and pear sponge	Beef stew with new potatoes and cabbage Rice Pudding
<u>Snack</u>	Breadsticks	Rice cakes	Orange Slices	Apple Slices	Rice Cakes
<u>High Tea</u>	Jacket Potato with Beans	Leek and potato soup with whole meal bread	Pasta Carbonara	Turkey and Lettuce Wraps	Homemade cheese and ham Pizza with Vegetable sticks

** water is available for the children throughout the day and a choice of milk or water is offered at mealtimes **alternatives are available for specific dietary requirements and allergies. For more information, please speak to a member of the team. Puddings have reduced sugar content where possible. If you prefer your child not to have one, please let your room know. Depending on your child's stage of weaning please speak to the Ladybirds room leader as this is prepared for your child's individual needs by the chef.