

**SPRING MENU WEEK 1**

	<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b>
<b><u>Breakfast</u></b>	A selection of cereals with milk, toast, and fresh fruit				
<b><u>Snack</u></b>	Banana	Orange Slices	Cheese and Crackers	Apple slices	Breadsticks
<b><u>Lunch</u></b>	Chicken and Vegetable pie with new potatoes and Broccoli  Melting Moments	Sausage and Mash with Gravy and farmhouse Vegetables  Fruit Salad	Tuna Pasta Bake with Peas  Jam Sponge and Custard	Moroccan Chicken with Rice and Farmhouse Vegetables  Yogurt	Mini Turkey meatballs in a tomato sauce with pasta and veg  Cookies
<b><u>Snack</u></b>	Breadsticks	Rice cakes	Orange Slices	Breadsticks	Rice Cakes
<b><u>High Tea</u></b>	Scrambled Egg on Toast	Ploughman's	Tomato and Basil Soup with Crusty bread	Beans on Toast	Cheesy Crumpets with Cucumber Sticks and Cherry Tomato's

\* water is available for the children throughout the day and a choice of milk or water is offered at mealtimes \*\*alternatives are available for specific dietary requirements and allergies. For more information, please speak to a member of the team. Puddings have reduced sugar content where possible. If you prefer your child not to have one, please let your room know. Depending on your child's stage of weaning please speak to the Ladybirds room leader as this is prepared for your child's individual needs by the chef.