

**SPRING MENU WEEK 3**

	<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b>
<b><u>Breakfast</u></b>	A selection of cereals with milk, toast, and fresh fruit				
<b><u>Snack</u></b>	Apple Slices	Cheese and Crackers	Rice cakes	Orange slice	Banana
<b><u>Lunch</u></b>	Chicken Curry with rice and peas  Banana Cake	Spaghetti Bolognese with Carrots  Pear crumble with custard	Roast Pork with Roast Potatoes and Farmhouse vegetables  Yogurt	Cottage Pie with Cabbage  Lemon Swirls	Fish Fingers and Homemade Chips with Peas and Tartar Sauce  Melon Slices
<b><u>Snack</u></b>	Breadsticks	Orange slice	Apple Slices	Cheese and Crackers	Breadsticks
<b><u>High Tea</u></b>	Sausage rolls with Beans	Jacket Potato and cheese	Macaroni and cheese	Winter vegetable soup with Crusty Baguette	Toasties with cherry tomatoes and cucumber sticks

\* water is available for the children throughout the day and a choice of milk or water is offered at mealtimes \*\*alternatives are available for specific dietary requirements and allergies. For more information, please speak to a member of the team. Puddings have reduced sugar content where possible. If you prefer your child not to have one, please let your room know. Depending on your child's stage of weaning please speak to the Ladybirds room leader as this is prepared for your child's individual needs by the chef.