

Summer MENU WEEK 2

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Breakfast</u>	A selection of cereals with milk, toast, and fresh fruit				
<u>Snack</u>	Breadsticks	Carrot and Cucumber sticks	Rice cakes	Apple Slices	Banana
<u>Lunch</u>	Serbian Chicken Stew with Crusty Bread Fromage Frais	Sausage and Mash Potato with Carrots and gravy Shortbread	Chili Con Carne with Rice and Broccoli Vanilla Sponge	Captains Fish Pie with Country mixed Vegetables Fruit in Sugar free jelly	Homemade Beef Burgers with Sweet Potato wedges and Peas Ice cream
<u>Snack</u>	Fruit	Rice cakes	Cucumber sticks	Cheese and Crackers	Orange slice
<u>High Tea</u>	Tomato Pasta Bake	Turkey Rolls with Salad sticks	Sandwich Selection with Cherry Tomatoes	Beans on Toast	Jacket Potato with Tuna and Mayo

* water is available for the children throughout the day and a choice of milk or water is offered at mealtimes **alternatives are available for specific dietary requirements and allergies. For more information, please speak to a member of the team. Puddings have reduced sugar content where possible. If you prefer your child not to have one, please let your room know. Depending on your child's stage of weaning please speak to the Ladybirds room leader as this is prepared for your child's individual needs by the chef.