



Bell House Nursery
Quality Childcare

Summer MENU WEEK 3

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Breakfast</u>	A selection of cereals with milk, toast, and fresh fruit				
<u>Snack</u>	Banana	Orange slice	Cheese and Crackers	Apple Slices	Breadsticks
<u>Lunch</u>	Chicken and Vegetable Pie with New potatoes and Broccoli Melting Moments	Vegetable Lasagne with Farmhouse Vegetables Fruit Salad	Roast Chicken with Roast Potatoes, Vegetables Strawberry Delight	Spaghetti Bolognese with Farmhouse Vegetables Jam Sponge and Custard	Mini Pork Meatballs in a tomato sauce with Rice and Peas Cookies
<u>Snack</u>	Breadsticks	Rice cakes	Banana Slices	Cheese and Crackers	Orange slice
<u>High Tea</u>	Salmon Risotto	Tuna and Cucumber Sandwiches with Cherry Tomatoes	Sandwich Selection with Cherry Tomatoes and Cucumber sticks	Sausage Rolls with Baked Beans	Cheese Muffins with cucumber and carrot sticks

* water is available for the children throughout the day and a choice of milk or water is offered at mealtimes **alternatives are available for specific dietary requirements and allergies. For more information, please speak to a member of the team. Puddings have reduced sugar content where possible. If you prefer your child not to have one, please let your room know. Depending on your child's stage of weaning please speak to the Ladybirds room leader as this is prepared for your child's individual needs by the chef.